



SWIMMING FEDERATION OF INDIA

(Affiliated to WORLD AQUATICS –ASIA AQUATIC-IOA)
(Recognized by Ministry of Youth Affairs & Sports, Govt. of India)

KHELO INDIA - ASMITA WOMEN'S SWIMMING LEAGUE 2025

TO,

17th February 2026

President/Secretary

All Member Units of SFI & NSA

Swimming Federation of India is pleased to announce that ASMITA WOMEN'S SWIMMING LEAGUE 2026 will be conducted as Zonal Round & National Round. Zonal events will be conducted on 21st & 22nd March 2026. The event will be conducted at Zonal level as under in Four Zones, States included in respective Zones, Zonal venue and contact detail of organizers are given in this circular

Age Groups & Events will be as under. Entries open for Women Only.

Group A | Under 15 years | Born in 2011, 2012, 2013

Group B | Under 18 years | Born in the year 2008, 2009, 2010

Group C | Open Group | Born in 2007 and earlier

Events	Group A	Group B	Group C
Free Style	50m, 100m, 200m	50m, 100m, 200m, 400m	50m,100m,200m,400m
Back Stroke	50m, 100m	50m, 100m, 200m	50m, 100m, 200m
Breaststroke	50m, 100m	50m, 100m, 200m	50m, 100m, 200m
Butterfly Stroke	50m, 100m	50m, 100m, 200m	50m, 100m, 200m
Ind. Medley	200m	200 m,	200m, 400m

Individual Swimmer can enter maximum 4 events in their group. The swimmers must have SFI UID valid for the period 2026-27 and it is mandatory to give UID number in the entry.

Khelo India (NSRS ID) registration with bank details is mandatory for entry and cash awards. Refer Registration Guidance Manual

ZONES

EAST ZONE: Assam, Bengal, Bihar, Odisha, Manipur, Tripura, Jharkhand, Arunachal, Meghalaya, Sikkim, Mizoram, Nagaland

WEST ZONE: Gujarat, Maharashtra, Goa, Diu-Daman, Rajasthan, Madhya Pradesh, Chhattisgarh.

NORTH ZONE: Delhi, Punjab, Haryana, Himachal Pradesh, Chandigarh, Uttar Pradesh, Uttarakhand, J &K, Ladakh

SOUTH ZONE: Andhra Pradesh, Kerala, Karnataka, Tamil Nadu, Telangana, Puducherry

All Events will be conducted as Time Finals as per World Aquatics Swimming Rules. First Four swimmers of each event will be eligible to participate at National ASMITA Women League to be held on 12th to 14th APRIL 2026 at AHMEDABAD (Gujarat). The detail circular for National event will be circulated soon.

45/311,1st Floor,Saraswatinagar, Nr.Azad Society, Ambawadi, Ahmedabad - 380015

Email id : nanavativirendra@gmail.com , secgeneral.sfi@gmail.com

Contact : 079 35658570, +91 9898907087



Cash Awards

Zonal Events Cash Awards to be paid by SAI directly to the winners as under
1stPlace ; Rs.10000/= 2ndPlace : Rs.8000/= 3rdPlace : Rs.5000/=

National Events Cash Awards to be paid by SAI directly to the winners as under
1stPlace ; Rs.15000/= 2ndPlace : Rs.12000/= 3rdPlace : Rs.10000/=

Registration on NSRS Portal

1. Swimmer to create Khelo India ID on the NSRS portal. Registration under "Swimming" discipline, i.e. **NSRS ID must start with SW, i.e. SW XXXXX.**
2. Swimmer having **existing NSRS ID with SW code** need not create new ID. (Do not create duplicate ID)
3. New registration on NSRS portal **MUST** choose correct discipline. i.e. "Swimming" and submit all details correctly.
4. Bank Account in name of swimmer is Mandatory. Joint account with parent is permitted **PROVIDED** 1st name is of the swimmer.
5. After creating the NSRS ID, swimmer intending to participate in Khelo India Asmita Women's League will submit entries on the ASMITA portal.

Entry

1. Entry will be submitted by swimmer on Asmita Portal.
2. Entry start 1st March 2026 , Entry stop 15th March 2026
3. Maximum 4 events per swimmer.

Zonal Venues and Contact detail of Co Ordinator:

EAST ZONE: Venue: Dr. Zakir Hussain Aquatic Complex
Sarusajai, GUWAHATI -781040 (ASSAM)
Co-Ordinator: Shri Babul Gurung
Mobile: 8638708973 Email: assamswimming@gmail.com

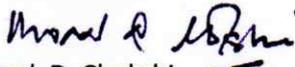
WEST ZONE: Venue: Shri Shiv Chhatrapati Sports Complex
Swimming Pool, Mahalunge, Balewadi
PUNE – 411045 Maharashtra
Co-Ordinator : Shri Rajendra Palkar
Mobile : 93228 62062 Email : rajupalkar@gmail.com
Local Coordinator: Shri Balaji Kendre
Mobile : 9503548988

NORTH ZONE: Venue: Champion Aquatic Academy, HL City Swimming Complex
Sector 37, BAHADURGARH, HARYANA
Co Ordinator : Shri Anil Khatri
Mobile: 9560070700 Email: anilkhatri008@yahoo.com

SOUTH ZONE: Venue: International Aquatic Complex,
THRISSUR (Kerala)
Co-Ordinator: Shri T. S. Muraleedharan
Mobile: 9447219983 Email: keralaaquatics@gmail.com

Zonal Tournament Program for 2 days is attached with the circular. It will be followed strictly by all Zones. For any other information, please contact SFI Office No. 07935658570

Kamlesh Nanavati Mobile No.9825005305; MonalChokshi Mobile No. 9825005177


Monal D. Chokshi
General Secretary



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KHELO INDIA ASMITA WOMEN'S SWIMMING LEAGUE- 2026					
ZONAL EVENT PROGRAMME					
EVENT SCHEDULE					
21-03-2026					
DAY 1 MORNING - 9:00 AM (ALL EVENTS ARE TIMED FINAL)			DAY 1 EVENING - 04:30 PM (ALL EVENTS ARE TIMED FINAL)		
1	200 MT FREE STYLE	U- 15	12	200 MT BACK STROKE	U- 18
2	200 MT FREE STYLE	U- 18	13	200 MT BACK STROKE	OPEN
3	200 MT FREE STYLE	OPEN	14	100 MT BACK STROKE	U- 15
4	100 MT BREAST STROKE	U- 15	15	100 MT BUTTERFLY STROKE	OPEN
5	100 MT BREAST STROKE	U- 18	16	100 MT BUTTERFLY STROKE	U- 18
6	100 MT BREAST STROKE	OPEN	17	100 MT BUTTERFLY STROKE	U- 15
7	50 MT BUTTERFLY STROKE	U- 15	18	50 MT FREE STYLE	OPEN
8	50 MT BUTTERFLY STROKE	U- 18	19	50 MT FREE STYLE	U- 18
9	50 MT BUTTERFLY STROKE	OPEN	20	50 MT FREE STYLE	U- 15
10	200 MT INDIVIDUAL MEDLAY	U- 18	21	400 MT INDIVIDUAL MEDLAY	OPEN
11	200 MT INDIVIDUAL MEDLAY	OPEN			
22-03-2026					
DAY 2 MORNING - 09:00 AM (ALL EVENTS ARE TIMED FINAL)			DAY 2 EVENING - 04:30 PM (ALL EVENTS ARE TIMED FINAL)		
22	400 MT FREE STYLE	U- 18	31	200 MT INDIVIDUAL MEDLAY	U- 15
23	400 MT FREE STYLE	OPEN	32	100 MT BACK STROKE	U- 18
24	200 MT BREAST STROKE	U- 18	33	100 MT BACK STROKE	OPEN
25	200 MT BREAST STROKE	OPEN	34	50 MT BREAST STROKE	U- 15
26	50 MT BACK STROKE	U- 15	35	50 MT BREAST STROKE	U- 18
27	50 MT BACK STROKE	U- 18	36	50 MT BREAST STROKE	OPEN
28	50 MT BACK STROKE	OPEN	37	100 MT FREE STYLE	U- 15
29	200 MT BUTTERFLY STROKE	U- 18	38	100 MT FREE STYLE	U- 18
30	200 MT BUTTERFLY STROKE	OPEN	39	100 MT FREE STYLE	OPEN



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